

Ben Hill Middle School



Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10
Breakfast Pizza Fruit, Juice	Sausage Biscuit Fruit, Juice	Honey Bun Fruit, Juice	French Toast Sticks Fruit, Juice	Eggs, Grits, Sausage, Toast Fruit, Juice
Steak Sandwich Au Grain Potatoes Baked Beans Fruit, Juice	Chicken Fajita Yellow Rice Broccoli w/Cheese Veggie w/ dip WG Breadstick Fruit, Juice	Spaghetti w/ Meat Sauce Romaine Salad/Dressing Whole Kernel Corn Garlic Toast Fruit, Juice	Chicken & Rice Turnip Greens Candied Yams Cornbread muffin Valentine Cookie Fruit, Juice	Pizza(4x6) Waffle Fries Glazed Carrot Pickle Spears Fruit, Juice
13	14	15	16	17
Winter Break	Winter Break	Winter Break	Winter Break	Winter Break
No School for Students and Staff	No School for Students and Staff	No School for Students and Staff	No School for Students and Staff	No School for Students and Staff
20	21	22	23	24
Breakfast Pizza Fruit / Juice	Ham & Cheese Croissant Fruit / Juice	Apple Frudel Fruit / Juice	Mini Waffles Fruit / Juice	Eggs, Grits, Sausage, Biscuit Fruit, Juice
Chicken Sandwich Crinkle Fries Baked Beans Broccoli w/Dip Fruit, Juice	Nacho w/ Chips L/T/C Mexican Rice Pinto Beans Veggie w/Dip Fruit, Juice	Steak Nuggets Potato Wedges Broccoli w/ Cheese WG Breadstick Fruit, Juice	Chicken Tenders Macaroni & Cheese Green Beans Yeast Roll Fruit, Juice	Grilled Ham & Cheese Sweet Potato Fries Peas & Carrots Pickle Spears Fruit, Juice
27	28	1ST	2ND	3RD
Sausage Dog Fruit, Juice	Chicken Biscuit Fruit, Juice	Super Donut Fruit, Juice	Mini Pancakes Fruit, Juice	Eggs, Grits, Sausage, Toast Fruit, Juice
Beef Vegetable Soup P B & J Sandwich Romaine Salad/w dressing Cookie Fruit, Juice	Meatloaf Mashed Potatoes Sweet Peas WG Breadstick Fruit, Juice	Pizza (4x6) Romaine Salad/Dressing Mexican Style Corn Pickle Spears Fruit, Juice	Popcorn Chicken Sweet Potato Fries Green Beans Yeast Roll Fruit, Juice	Hotdog Coleslaw Baked Beans Carrot w/ dip Fruit, Juice
Choice of Milk and Water Daily.	Breakfast Daily Choice Choice of Cereal or Grab & Go Sack On Serving Line	This institution is an Equal Opportunity Provider.		